



COMPREHENSIVE HEART CARE, P.A.

Preventive, Clinical, Interventional,
& Nuclear Cardiology

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Coumadin/Warfarin (Anticoagulant Therapy) Patient Information

1. Remember strict adherence to prescribed dosage schedule and laboratory monitoring of drug is necessary.
2. Do not take or discontinue ANY medication except on the advice of the physician or pharmacist. This includes all non-prescription drugs.
3. Inform dentist and other physicians of anticoagulant therapy BEFORE any treatment is instituted or medications are prescribed. Take drug at same time each day.
4. Avoid alcohol (unless use is approved by physician) and large amounts of green leafy vegetables.
5. If unusual bleeding or bruising, red or dark brown urine (blood), red or black stools, or diarrhea occurs, do not take the next does of drug and notify the physician.
6. Ask your physician's advice regarding additional treatment or prophylactic measures such as avoiding prolonged periods of standing, sitting, tight garments (pants, garters, girdles, knee high stockings, and elevating legs while sitting).
7. Use a soft tooth brush. Men should use an electric razor if possible. Consult your dentist about oral-hygiene measures, including use of dental floss.
8. Keep all physician and laboratory appointments because therapy must be closely monitored.
9. Wear Medic-Alert tag or bracelet or other identification that will alert others to anticoagulant therapy.